

## Packing List – Student/Youth Mission Trips

Each mission partner may provide a country/city specific packing list to your trip leaders prior to your trip. Please take that packing list and cross-reference it with the list of items you should be prepared to pack as listed below. If there are items on the list below that are not on the mission partner list, please plan to bring them. If there are items listed on the mission partner list that you do NOT need and they are listed below, it is ok not to pack that item.

### PACKING LIST – plan to bring these items:

- Suitcase (preferably with wheels for air travel; only 1 permitted per person)
- Backpack (small backpack or cinch sack – to carry daily personal items)
- Bible, Journal, and Pen (with your name in your Bible and Journal)
- Re-usable water bottle (with your name on it)
- Passport (international trips only) – provide copy to your trip leader
- Driver’s License or Other Form of ID if minor (only for air travel where passport is not needed)
- Spending Money: recommend no more than \$50-\$100 for souvenir gifts and snacks (best to travel with larger denomination bills - \$50/\$100 – when traveling internationally to get better exchange rate; please note that everyone is responsible for carrying their money and keeping it safe)
- Phone and charging cable with block (do not plan on USB port charging access) – there will be certain restrictions of phone usage while traveling on the mission trip
- Glasses, extra contacts, lens solution and case (only if you wear glasses)
- Toiletries: deodorant, soap/body wash, shampoo, hair product, toothbrush, toothpaste (plan to bring small bottles with just enough for the trip; pack liquids in a good zip lock bag so they don’t leak in your luggage)
- Personal medications in their original containers (try to get smaller containers for the trip to save room; please let your team leader know if you have prescriptions)
- Clothing items to get you through your trip (for longer trips; ask your mission leader if you will have access to laundry) and a dirty clothes bag for your dirty laundry:
  - Closed-toe shoes (at least 1 pair) – you will need to wear tennis/athletic shoes most of the time
  - Sandals/Flops (at least 1 pair) – you will want to get out of shoes around the mission house but still have something to wear; may want to wear in the shower)
  - Long pants (khakis or jeans) – at least 1 pair and several if you may wear them multiple days; leggings are not long pants
  - Shorts – these need to come to the knee or just above the knee and can be both regular shorts and athletic shorts
  - Short Sleeve Shirts – t-shirts, polos, button ups are all acceptable; please don’t pack tank tops/sleeveless unless you want to bring one for playing sports
  - Long Sleeve Shirt – you may want to pack one for church service or if you may do any light construction or landscaping work
  - Comfortable clothes to wear around the mission housing and for sleeping (remember modesty)
  - Underwear and socks
  - Light Hoodie or Jacket/Rain Jacket – it gets cold sometimes on planes and inside and it may rain
  - Towel (at least 1 and preferably one that will dry quicker) – you will need this for showers
  - REMINDER – please do not overpack; be willing to re-wear some things. Remember, it is a mission trip!

**OPTIONAL ITEMS** – you may bring these items if you have need for them and room for them:

- Bedding (top sheet, bottom sheet, light blanket, and pillow) – this is provided on most/many trips but you may want your own; **\*\*your trip leaders will let you know if these items need to move to the REQUIRED list\*\***  
**Note: bring a twin sheet set, blanket, and pillow with you for the Orlando mission trip**
- Sunglasses (do not pack expensive glasses)
- Hat (if you need extra sun protection)
- Bathing Suit – swim shorts (guys), one-piece bathing suit (girls) – your team may do water activities or have access to a pool (your leader will update you on this)
- Jewelry/Watch (do not pack expensive or flashy items that could draw attention)
- Camera – if you want to take pictures other than with your phone (do not pack an expensive camera)
- Snacks – if you want snacks for travel or at the mission site (note: do not overpack; most mission teams have the ability to get to a store to buy snacks during the trip)
- Power Converter (for trips to Africa or Europe; you do not need a converter for Central America trips)
- Sports balls, frisbee, playing cards – fun things that you like that the team can do with you but are easy to pack and don't take up much space (might need to deflate ball and have a small hand pump)

**DO NOT PACK LIST** – do not pack these items:

- Large sums of money or credit/debit cards (use of these international will be limited)
- Anything that is not replaceable or has significant value (jewelry, unique gifts/items, etc.)
- Electronics other than phone or inexpensive camera – you are on mission and have limited time to get ready and sometimes access to power sources – plan to leave the hair dryers, curling irons, electronic razors and toothbrushes, and gaming systems at home!
- Clothing that contains words, slogans, images/graphics that could cause confusion with inappropriate behavior, gang behavior, etc. – remember clothing needs to be modest but it also should not draw attention or cause someone to question its meaning (satire does not always translate well in other cultures and we are called to be set apart from the world)
- Sleeping Bag – these are too bulky, and we don't have room for them in suitcases and in transportation
- Illegal drugs, alcohol, tobacco products, vapes, weapons including pocketknives, lighters, fireworks, prank items, sexually explicit materials, and anything else that would cause you to not be able to Be an Example to others as we read in 1 Timothy 4:12 and as included in the Code of Conduct for this mission trip.

**By signing below, I am indicating that I have read, understand, and agree to the above packing list, what I need to bring, and what I am not allowed to bring/possess. I understand that luggage, backpacks, and personal clothing will be searched by airport security if flying. I also understand that these items may be searched by 2 adult team leaders if there is cause to believe team members may be traveling with illegal and disallowed items per the list above.**

Participant Name *(required by students and leaders)*

Parent/Guardian Name *(not required for leaders)*

Participant Signature

Parent/Guardian Signature

Date

Date

Please list the name (location) of your mission trip: